



AAGP
*Australian Association
of Group Psychotherapists*

*the group can achieve
more than the sum
of its parts*

The AAGP invites you to participate in

SYDNEY LARGE GROUP 2018

The Large Group represents our society, its structure, organisation, processes and preoccupations in much the same way the small group represents, say, the family. It both represents and becomes a kind of social mind, reflecting contemporary issues and concerns, modes of thinking and acting, along with opportunities for deconstruction-reconstruction, understanding and transformation. Participants (its members) take up roles and positions that have their mirror in the wider world – positions that assume the not-so-readily seen aspirations, values, politics, expectations and assumptions that members implicitly bring. The Large Group reveals the moods and pre-occupations, anxieties, desires and fantasies we find in our daily living in the wider world as we engage in our neighbourhoods, communities and the wider socio-political discourse.

Attending to all these currents is not always easy. Becoming aware of their impacts – even as they happen - and seeing how they influence the conduct of our lives and relationships is not always straightforward, and may even require courage. At the same time, taking them seriously rather than dismissing them, brings all into bas relief. This can be scintillating and empower us to engage constructively with each other as people within the contemporary world of which we are a part.

The Large Group is a structured forum which provides the opportunity for thinking, reflecting and dialogue that is not ordinarily available in everyday life. With so much going on in our world, our nation and our local communities, the Large Group becomes an experiential, real-time medium for exploration and learning about the conscious and unconscious forces that influence us in our work, our communities and the wider world.

Who should attend?

The Large Group is open to all who may have an interest in exploring and articulating the harder-to-hear background sounds, voices, movements and emerging themes of our lives. It is open to those who are prepared to be with and think with others and who wish to recognise and engage with the social and political, conscious and unconscious forces within themselves and other participants as they happen and to find ways of applying their findings to their everyday lives, relationships, communities and society.

The Large Group will be conducted by Teresa von Sommaruga Howard.

*Teresa has many cultural influences in her personal and professional background. Born in England of a German refugee father and British mother, she immigrated to New Zealand as a child. She is a registered architect, systemic family therapist and has developed expertise conducting median and large groups. Teresa has applied these three disciplines: architecture, systemic practice, and group analysis in larger settings in various contexts around the world. Increasingly Teresa has focussed on the way unrecognised trauma resulting from socio-political upheaval transmitted through generations, reveals itself in the large group. She has written extensively about her work with large groups and co-authored *Design through Dialogue: A Guide for Clients and Architects* (Wiley, 2010). She is an honorary member of the Institute of Group Analysis (London) and currently an Executive Member and Treasurer of the International Association for Group Psychotherapy and Group Processes (IAGP) and co-editor of their journal *Forum*.*

Please note that learning from this event will be experiential and participants will be expected to commit to attend the whole event.



PROGRAM DETAILS for AAGP LARGE GROUP EVENT 2018

<u>WHEN</u>	<p>Please note registration assumes attendance at whole Event</p> <p>Friday June 22 18.30 - 19.30 Registration, Supper, Introduction. 19.30 - 21.00 Large Group Session 1</p> <p>Saturday June 23 09.00 - 10.30 Large Group Session 2 11.00 - 12.30 Large Group Session 3 13.30 - 15.00 Large Group Session 4 15.30 - 17.00 Large Group Session 5</p> <p>Sunday June 24 09.00 - 10.30 Large Group Session 6 11.00 - 12.30 Large Group Session 7</p>
<u>WHERE</u>	<p>The Wattle Room, North Sydney Community Centre 200 Miller St, North Sydney (behind the Council Chambers). https://www.northsydneycentre.com.au/</p>
<u>DIRECTIONS</u>	<p>Public Transport recommended. Use Tripview App (free) and find <u>Trains</u> to North Sydney and walk up Miller St &/or <u>Buses</u> through North Sydney up Miller St or Pacific Hwy to McLaren St. Parking: Via Kelrose Lane (off McLaren St); metered parking on Miller & McLaren Sts.</p>
<u>ACCOMMODATION</u>	<p>Mention "AAGP" on booking either: <u>McLaren Hotel</u> (opp venue). Negotiated rate \$150 or \$160. 02 9965 9500 https://mclarenhotel.com.au/ (limited rooms) <u>Rydges McLaren St North Sydney</u>. \$189. 02 9922 1311 https://www.rydges.com/accommodation/sydney-nsw/north-sydney/</p>
<u>COST</u>	<p>\$300.00: Early Bird before May 25, AAGP Members and Associates \$350.00: After May 25, 2018 All Registrations before Friday June 16, 2018 [GST free; includes Fri supper, Sat lunch and refreshments, Sun refreshments]</p>
<u>To REGISTER</u>	<p>NUMBERS LIMITED TO 60 PARTICIPANTS Registration assumes attendance at whole event By Cheque: send with name/contact details to: <u>AAGP, PO Box 4275, Castlecrag, NSW 2068</u> OR By E-Transfer: to AAGP, BSB 063-165, Ac 01013 6603 Use Code: "(Surname) LG2018" and confirm to angle46@bigpond.com Receipts and CPD Certificates will be available Friday evening.</p>
<u>ENQUIRIES</u>	<p>Antony Gleeson: angle46@bigpond.com</p>
<u>WEBSITE</u>	<p>www.groupanalysis.com.au</p>